



## The Rosary

The Rosary is a simple prayer that uses gentle repetition to move into deeper meditation. It gives us the opportunity to ponder God's Word and the lives of Christ and Mary through reflection on different mysteries.



# Prayers of the Rosary

## ● APOSTLES CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

## ● OUR FATHER

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses; as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

## ● HAIL MARY

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women; and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

## ● GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

## ● FATIMA PRAYER

O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to heaven, especially those in most need of thy mercy.

## ● HAIL HOLY QUEEN

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and, after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O holy mother of God, that we may be made worthy of the promises of Christ

# Mysteries of the Rosary

When praying the Rosary, we meditate on important events in the lives of Jesus and Mary. Twenty of these moments are captured in what we call the mysteries of the rosary. These mysteries are grouped into four sets: Joyful, Sorrowful, Glorious, and Luminous. Each set of mysteries is prayed on specific days of the week. They serve as a backdrop to the decades of the rosary and hold incredible insights worthy of reflection. As you meditate on these events, let the words of the prayers float by. Focus less on the words and more on the mysteries. Get lost in the scene. Imagine yourself there. Each of the mysteries of the rosary can teach a valuable lesson about life, love, and God's dream for you.

## ● JOYFUL MYSTERIES

*Traditionally Prayed Mondays + Saturdays*

1st Decade: The Annunciation

2nd Decade: The Visitation

3rd Decade: The Birth of Jesus

4th Decade: The Presentation

5th Decade: The Finding of the Child Jesus in the Temple

## ● SORROWFUL MYSTERIES

*Traditionally Prayed Tuesdays + Fridays*

1st Decade: The Agony in the Garden

2nd Decade: The Scourging at the Pillar

3rd Decade: The Crowning with Thorns

4th Decade: The Carrying of the Cross

5th Decade: The Crucifixion

## ● GLORIOUS MYSTERIES

*Traditionally Prayed Wednesdays + Sundays*

1st Decade: The Resurrection

2nd Decade: The Ascension

3rd Decade: The Descent of the Holy Spirit

4th Decade: The Assumption

5th Decade: The Crowning of Mary, Queen of Heaven

## ● LUMINOUS MYSTERIES

*Traditionally Prayed Thursdays*

1st Decade: The Baptism of Jesus in the River Jordan

2nd Decade: The Wedding Feast at Cana

3rd Decade: The Proclamation of the Kingdom

4th Decade: The Transfiguration of Jesus

5th Decade: The Institution of the Eucharist